

1 / 12 · Hazard and Risk Identification and Control

Fall protection trigger for construction walking and working surfaces?

toeboardprep.com · free CHST check

2 / 12 · Hazard and Risk Identification and Control

Do holes need protection only above 6 feet?

toeboardprep.com · free CHST check

3 / 12 · Hazard and Risk Identification and Control

Fall protection trigger in steel erection?

toeboardprep.com · free CHST check

4 / 12 · Hazard and Risk Identification and Control

Guardrail top rail height?

toeboardprep.com · free CHST check

5 / 12 · Hazard and Risk Identification and Control

Minimum toeboard height, and what is it for?

toeboardprep.com · free CHST check

6 / 12 · Hazard and Risk Identification and Control

Strength rule for a floor hole cover?

toeboardprep.com · free CHST check

2 / 12 · Hazard and Risk Identification and Control

No. A hole, including a skylight, needs a cover or guardrail at any height.

OSHA 29 CFR 1926.501(b)(4)

toeboardprep.com · [free CHST check](#)

1 / 12 · Hazard and Risk Identification and Control

6 feet or more to a lower level (general industry uses 4 feet).

OSHA 29 CFR 1926.501(b)(1)

toeboardprep.com · [free CHST check](#)

4 / 12 · Hazard and Risk Identification and Control

About 42 inches, plus or minus 3 inches, with a midrail about halfway down.

OSHA 29 CFR 1926.502(b)

toeboardprep.com · [free CHST check](#)

3 / 12 · Hazard and Risk Identification and Control

15 feet, with its own rules for connectors.

OSHA 29 CFR 1926.760

toeboardprep.com · [free CHST check](#)

6 / 12 · Hazard and Risk Identification and Control

Supports at least twice the weight of people, equipment and materials that may cross it, secured, and marked as a cover.

OSHA 29 CFR 1926.502(i)

toeboardprep.com · [free CHST check](#)

5 / 12 · Hazard and Risk Identification and Control

At least 3.5 inches; it stops tools and debris from rolling off an edge.

OSHA 29 CFR 1926.502(j)

toeboardprep.com · [free CHST check](#)

7 / 12 · Hazard and Risk Identification and Control

**Personal fall arrest limits:
arresting force and free
fall?**

toeboardprep.com · free CHST check

8 / 12 · Hazard and Risk Identification and Control

**Anchorage strength for
personal fall arrest?**

toeboardprep.com · free CHST check

9 / 12 · Hazard and Risk Identification and Control

**A harness has stopped a
fall. What now?**

toeboardprep.com · free CHST check

10 / 12 · Hazard and Risk Identification and Control

**What must the employer
plan when using fall arrest?**

toeboardprep.com · free CHST check

11 / 12 · Hazard and Risk Identification and Control

**How far must straight
ladder rails extend above
the landing?**

toeboardprep.com · free CHST check

12 / 12 · Hazard and Risk Identification and Control

**Ladder angle rule of
thumb?**

toeboardprep.com · free CHST check

8 / 12 · Hazard and Risk Identification and Control

5,000 pounds per worker attached, or a qualified person's design with a safety factor of at least two.

OSHA 29 CFR 1926.502(d)(15)
[toeboardprep.com](https://www.toeboardprep.com) · [free CHST check](#)

7 / 12 · Hazard and Risk Identification and Control

Maximum arresting force of 1,800 pounds with a body harness, and free fall limited to 6 feet.

OSHA 29 CFR 1926.502(d)(16)
[toeboardprep.com](https://www.toeboardprep.com) · [free CHST check](#)

10 / 12 · Hazard and Risk Identification and Control

Prompt rescue, or a way for workers to rescue themselves.

OSHA 29 CFR 1926.502(d)(20)
[toeboardprep.com](https://www.toeboardprep.com) · [free CHST check](#)

9 / 12 · Hazard and Risk Identification and Control

Remove it from service until a competent person inspects it and finds it undamaged.

OSHA 29 CFR 1926.502(d)(19)
[toeboardprep.com](https://www.toeboardprep.com) · [free CHST check](#)

12 / 12 · Hazard and Risk Identification and Control

One foot of base distance for every four feet of working length (4 to 1).

OSHA 29 CFR 1926.1053(b)(5)
[toeboardprep.com](https://www.toeboardprep.com) · [free CHST check](#)

11 / 12 · Hazard and Risk Identification and Control

At least 3 feet, when the ladder is not otherwise secured at the top.

OSHA 29 CFR 1926.1053(b)(1)
[toeboardprep.com](https://www.toeboardprep.com) · [free CHST check](#)